



Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

250 Broadway

Thursdays, 9:30 am-1:30 pm

MARCH 2025



Diane Leonard, President; Debbie Teitsch, Vice President; Sheila Hyatt, Secretary; Jean Parker, Treasurer.

We gather every Thursday in the Menands Fire Hall on the 2nd floor, 250 Broadway, 9:30 am– 1:30pm.

Everyone 55+ is welcome!

When North Colonie Schools are delayed or closed due to inclement weather, Senior gathering is closed.

Debbie Teitsch, VP and Membership Chair is now collecting dues for 2025, membership runs from January to January. The dues is still only \$5. If you need to mail your dues, please include a self-addressed stamped envelope and send to Mrs. Debbie Teitsch 3 Cornell Drive, Menands, NY 12204

GREETING CARDS SENT

Get well card sent to Pat Gettings

NEW MEMBERS – WELCOME

Emma Roth

Kathleen Valason

Nancy DiNuzzo

Joe Sligh

Theresa VanAmburgh-Jennings

APRIL BIRTHDAYS

Eleanor Kampf	4/4
Ellen Hughes	4/6
Kathy Kotary	4/7
Beverly Scott	4/7
Carole Luther	4/9
Emrie LaBarge	4/15
Sue McManus	4/15
Doris Bindle	4/16
Mary Liburdi	4/16
Jean Kinnicutt	4/20
Barbara Pratt	4/20
Caroline Kelly	4/24

Special Meeting Events

**6/19/2025 (Thursday) "ANNUAL PICNIC IN THE PARK",
Ganser-Smith Park Pavilion, Menands,**

10:00 AM-2:00 PM. Bingo starts at 10:30 AM, coffee and pastries will be available. Lunch catered by Classic Catering. MENU: Roasted Chicken, Tossed Salad, Potato Salad, Fruit Salad, Rolls and Butter, Raspberry Iced Tea, Lemonade, and Water. Homemade Desserts donated by members. Lottery Tree and Share the Wealth. Music by Paul Slusar. Please make reservations and pre-pay. \$30

EVENTS FOR 2025

ONE DAY TRIPS 2025

5/13/2025 (Tuesday) Culinary Institute of America & Clover Brooke Farm

Tour the school and have lunch at the French restaurant "Bocuse".

MENU:

First Course: RIBB LETTUCE, La Laitue; young lettuce, French feta, radishes, cucumbers, lemony champagne vinaigrette.

Main Course: CHICKEN FRICASSEE, Fricassee de Volaille; mashed potatoes, bacon, onion, mushroom, string beans.

Dessert Course: CHOCOLAT AU LAIT MOUSSE, chocolate-pecan layer cake, caramel ganache, Manjari chocolate ice cream.

After lunch enjoy hiking or sitting on the porch to observe the beautiful alpacas, llamas, goats, donkeys and rabbits. Browse the gift shop and make your own loofah! Cost: \$90/\$100

7/15/2025 (Tuesday) James Taylor Tribute

The Log Cabin, Holyoke, MA Delicious luncheon of Twin lobsters or Prime Rib, Hors d'oeuvres, signature bread, clam chowder, baked potato and corn. Dessert, coffee and tea. Cost: \$98/\$108

8/13/2025 (Wednesday) "Dixieland" Lobster Feast

The Log Cabin, Holyoke, MA The Riverside Ramblers promise great versatility and virtuosity. Selections include Dixieland, Big Band to Golden Standards, hilarious parodies and audience participation numbers.

BEST BAND IN THE LAND!!

Cost is \$90/\$100

9/10/2025 (Wednesday) GLOUCESTER LOBSTER LUNCHEON CRUISE, GLOUCESTER HARBOR/ ROCKPORT

Cruise the beautiful Gloucester Harbor, while enjoying Lobster, after the cruise stroll along Bearskin Neck, Rockport (an artist's town). Cost \$94/\$104

09/16/2025 (Tuesday) "INCIDENT AT OUR LADY OF PERPETUAL HELP," Lake George Dinner Theatre.

Bus leaves 90 Broadway, Menands (behind KFC) at 10:00 AM.

In 1973, the parish priest overhears 19-year-old Linda O'Shea tell her sister about the birds and the bees, a family crisis of biblical proportions breaks out. Join the cash-strapped O'Shea family as they navigate the most turbulent day of their lives in this sweet and uproarious comedy.

LUNCH MENU: Center Cut Bone in Pork Chop, Chicken Francise, Faroe Island Salmon, Pasta Primavera. All entrees served with Salad, Warm Rolls, Ultimate Chocolate Cake and Coffee or Hot Tea. Ice Cream stop on way home. Cost \$80/\$90.

10/23/2025 (Thursday) ESSEX STEAM TRAIN & RIVERBOAT LUNCH EXCURSION.

Enjoy the fall foliage as you ride the rails eating a delicious lunch, served by the train porters. Finish the day cruising the Connecticut Riverboat.

Cost \$80/\$90.

TWO OR MORE DAY TRIPS

WE LOVE CRUISING!!

Sept. 24-29,2025 BERMUDA CRUISE on Norwegian "ESCAPE" for a 5-day cruise.

Sept 24 Albany NY arrive 7am/ leave 8 am
NYC (arrive/leave) 11am/4pm

Sept. 25 At Sea

Sept 26 Bermuda arrive 7am

Sept. 27 Bermuda arrive 7am

Sept 28 At Sea

Sept 29 NYC arrive 7am Arrive Albany, NY 11am

Interior Cabin: from \$1199 PP/Double

Balcony: from \$1399 PP/Double

Studio: from \$1415 PP/Single

Interior and Ocean View will receive unlimited open bar and 1 specialty dining meal.

Balcony and Higher will receive unlimited open Cbar, 2 specialty dining meals per person.

Due at booking \$125 pp, refundable.

Final payment is due ASAP.

Includes: Taxes, fees & port charges, unlimited open bar package, specialty dining package, shore excursion credit and transportation.

If you are interested, call Diane 465-3771

12/9-12/11/2025 HOLIDAY SIGHTS & SOUNDS OF LANCASTER, PA.

Featuring "NOAH," & "DECK THE HALLS," at American Music Theatre, Plus LONGWOOD GARDENS.

3 Days & 2 nights. \$650, PP/DBL, \$799, PP/SINGLE.

Includes:

2 nights lodging at the Heritage Hotel

2 Breakfasts

2 dinners

Admission to Longwood Gardens

"Noah," and "Deck the Halls."

Souvenir Gift

Luggage Handling

All Taxes & Meal Gratuities

Motorcoach Transportation

Senior Scoop

If you are not receiving the emails with this newsletter and the other notifications that have been sent out please send an email to: Lynnafischer3756@gmail.com so I can get you on the list. Please check your spam/junk folder first to make sure it is not going into that folder. Please include your name in your email. Thanks!

COMMUNITY EVENTS OF INTEREST

April 10th (Thursday) 12:30-3:45 FINISH STRONG

Inspired by Barbara Coombs Lee's book this afternoon program is a call to action for individuals who wish to take charge of their end-of-life journey with clarity, dignity, and compassion. There will be a book signing and reception following the presentation (keynote address and panel discussion). Held at: Albany Guardian Society 12 Corporate Woods Boulevard, Albany, NY 12211. Virtual attendance is available. Register with Albany Guardian Society 518-434-2140 ags@albanyguardiansociety.org

April 12th (Saturday) 10 am – 1 pm Diversity, Cultural and Wellness Fair.

Colonie Library 629 Albany Shaker Road, Loudonville, NY 12211. There will be cultural showcases with displays and an hourly Kahoot (interactive quiz/learning game). There will be health and wellness resources such as yoga, and healthy cooking workshops. Community tabling with local organizations presenting their services will be present, children's activities will also be available.