



Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

21 1/2 N. Lyons Avenue

Thursdays, 9am-3pm

DECEMBER 2021



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

UPDATE

Due to the new OMICRON variant of COVID, masks will be worn at social gatherings and meetings until further notice.

We will gather every Thursday, weather permitting.

If North Colonie Schools are closed due to inclement weather, Seniors is also closed.

JANUARY BIRTHDAYS

Elaine Allen, 1/24

Josephine Bonville, 1/12

Mary Crowley, 1/11

Joanne Crupi, 1/5

Mary D'Allesandro, 1/26

Patty Dolberg, 1/16

Guy Dupuis, 1/25

Diane Foley, 1/27

Nancy Heffern, 1/17

Earl Keefer, 1/5

Diane Leonard, 1/26

Susan Mackay, 1/1

William Marzinsky, 1/7

Joyce Maxwell, 1/4

Barbara McGuinness, 1/5

John Murphy, 1/24

Sharon Murphy, 1/16

Jan Nizinkirck, 1/26

Ron Shapiro, 1/3

Betty Sunukjian, 1/3

Ethel Wagner, 1/24

If we missed your birthday, we apologize. Please notify Debbie Teitsch. (518) 487-4583.

GREETING CARDS SENT

Get Well: Marilyn McGovern

Sympathy: Lil Julian for her brother Charles.

IMPORTANT DATES IN JANUARY

1/1 New Year's Day

1/17 Martin Luther King Day

1/20 Bingo

1/27 Business Meeting

MEMBERSHIP: Debbie Teitsch, is ready to welcome new members and renew old memberships, every Thursday at Bethany Hall after 10:00am. Dues are still only \$5.

If you need to renew by mail, Debbie's address is 3 Cornell Drive, Menands, NY 12204. To receive your new membership card, please include a self-addressed stamped envelope with your \$5 check, payable to Meands Seniors.

If this is not clear, check with Debbie Teitsch, (518) 487-4583.

Member Mary Sorell's granddaughter MaryEllen, is planning a free luncheon at Albany Yacht Club, in January for Neurtologist, Dr. Richard Holubs' research office.

The purpose of the luncheon is to learn about memory loss, Alzheimer's disease, heart disease, and APOE genotyping.

At the luncheon there will be opportunity to schedule an appointment for a free memory screening.

The luncheon is strictly for informational purposes and all scheduled appointments are voluntary and free of charge (no insurance needed or checked). There is no commitment.

If interested, sign up with Mary at any Thursday gathering or contact her @ 518-272-2298.

2022 ONE DAY TRIPS

3/12/2022, Ride the MENANDS SENIOR TROLLEY, in the ALBANY ST. PATRICK'S DAY PARADE. Ride is Free

Following the Parade, Enjoy Corned Beef and Cabbage Dinner and Irish Entertainment, sponsored by the Menand's St. Patrick's Club. Dinner is \$17.

3/14/2022, AQUA TURF, Southington, Ct. "IRISH CABARET VARIETY SHOW," starring Andy Cooney and Friends. Hot Soup, Corned Beef & Baked Scrod, Vegetable, Potato, Dessert, Coffee & Tea. \$75/\$85

4/13/2022, CAPITAL REP THEATER, Albany, NY. "THE TRUE," based on the real-life relationship between Erastus Corning II, Albany's Democratic Mayor for 41 years, and his closest political advisor and confidante, Dorothy "Polly" Noonan.

We will leave Ganser-Smith Park at 11:30am for lunch at **IL FARO**. Menu: House Salad; Choice of Chicken Parmigiana, Penne Vodka, or Sole Milanese; Dessert; Choice of miniature Italian Pastries; Coffee, Tea or Soda.

After the show, we'll return home approximately 5:00pm. Cost: \$70/\$80.

5/21/2022, "MY FAIR LADY," Proctors, Schenectady, NY. A musical; Pompous phonetics professor takes it upon himself to transform a Cockney working-class girl into someone who can pass for a cultured member of high society. Songs: "The Rain in Spain," "With a Little Bit of Luck," "I've Grown Accustomed to Her Face," "Get Me to the Church on Time."

6/23/2022, ESSEX STEAM TRAIN & BECKY THATCHER RIVERBOAT.

Enjoy a 3-course lunch aboard restored 1920's Pullman Diners as part of a 3.75hour lunch, train and riverboat sightseeing excursion. \$56/\$66

2022 MULTI-DAY TRIPS

CAPE MAY, NEW JERSEY

MAY 16-18. 2022

3 Days – 2 nights

\$499ppdbl

PACKAGE INCLUDES

2 Nights lodging at the Grand Hotels

2 Breakfasts

2 Dinners

Carriage House Exhibit

Tour Visit to an Atlantic City Casino

Souvenir gift

Luggage Handling

All Taxes and meal gratuities

Motorcoach transportation

MACKINAC ISLAND, MICHIGAN

SEPTEMBER 18-24, 2022

7 Days – 6 Nights

\$919, pp/double, \$884, pp/triple, \$1268, pp/single

PACKAGE INCLUDES: 6 Nights Lodging, including Overnights

6 Breakfasts

1 Lunch

of the Physick Estate

Trolley Tour of Historic District

Shopping on Washington Street Mall

Dolphin Watch Boat Cruise

Towne of Historic Smithville

4 Full Course Dinners, including Zehnder's & Antlers

Soo Locks Boat Cruise

Bronner's Christmas Wonderland

Frankenmuth Village Shops

Horse-drawn Carriage Tour of Mackinac Island

Hydro-jet Ferry Ride

Visit to Grand Hotel

Tahquamenon Falls

Great Lakes Shipwreck Museum

Kewadin Shores Casino

Souvenir Gift

Luggage Handling in Michigan

All Taxes & Meal Gratuities

Motor Coach Transportation

SHEILA HYATT'S FAMOUS COFFEE CAKE

1 pt. sour cream

1 ½ tsp vanilla

1 ½ tsp baking soda

1 ½ tsp salt

½ lb oleo

3 c flour

1 ½ c sugar

2 tsp baking powder

3 eggs

TOPPING:

3 tsp cinnamon

¾ c sugar

1 c. chopped nuts

Mix together and let stand 1 ½ hours, sour cream and baking soda. Cream tog in a large bowl, oleo and sugar. Add eggs and vanilla. Fold in sour cream. Add Flour, baking powder and salt; mix well.

In a greased angel food cake pan, alternate batter and topping 3 times. Bake at 350 for 1 hour.

MERRY CHRISTMAS AND
HAPPY NEW YEAR!!



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**HAPPY
HOLIDAYS**

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HEALTHY, HAPPY 2022!!!