



# Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

21 1/2 N. Lyons Avenue

Thursdays, 10am-3pm

JULY 2019



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

Business meetings are cancelled July and August. We will still gather weekly, weather permitting.

NEW MEMBERS: Lena Savino, Patricia Tobin and Barbara and Rick Pratt

GET WELL CARDS SENT: Laurette Deyoe and Gert Kutz

### AUGUST BIRTHDAYS

22 Ed Baniak	5 Marie Bolt
20 Phyllis Cooney	3 Michael Cramer
16 Sally D'Agostino	16 Norma Keating
8 Kathy Kotary	31 Marjorie Morelli
31 Peg Norton	29 Sharon O'Dea
16 Jean Parker	4 Elizabeth Skop
18 Peter Wayner	1 Brian Webb

THE ALL CLUBS PICNIC, SCHEDULED FOR AUGUST 14, IS CANCELLED.

### IN APPRECIATION

Thank You, Deb Riitano, Commissioner, Albany County Dept. For Aging, who stopped by our September Business meeting. She signed all those eligible for the new "Go & Dine" program available exclusively to Albany County Resident Seniors. You can sign up or learn more about this program by calling 518-447-7193.

### DATES TO REMEMBER

8/15/2019: TRIP TO LOG CABIN, bus leaves Menands, Ganser-Smith Park @ 9:30 A. M. We encourage you to bring all necessary canes, walkers, wheel chairs, etc. There is room for storage under the bus. As a courtesy, please to do not use heavily scented lotions on a crowded bus.

### 2019 SUMMER CONCERT SERIES

6:00-8:30pm

Ganser-Smith Memorial Park (rain or shine)

July 30<sup>th</sup> Hair of the Dog

August 6<sup>th</sup> The 317

August 13<sup>th</sup> All Paul Show

August 21st The Village Picnic, music starts at 5:00pm "The Swing Docs"

Lawn Chairs recommended for all events.

Food is available for purchase by Menands Fire Co.

VOLUNTEERS ARE NEEDED, to Bake and Sell Baked Beans for the Seniors at the Village Picnic, 8/21/2019.

A Senior Club cannot function without volunteers.

If you would like to volunteer on The Sunshine Committee, The Travel Committee, The Kitchen Committee or the Program Committee, please call Diane Leonard, 518 465-3771. We'd love to have you.

### EXERCISE CLASS

As you know, Jo Wells has always led a low impact aerobics class every Thursday, except the third and fourth Thursdays. Classes started at 10:30 A. M. If you would be interested in leading this class or one similar, please call Diane Leonard 518-465-3771.

### PLEASE NOTE

When you hear of a Club member or a Senior resident in Menands who is ill, please call Debbie Teitsch, 518-487-4583 or Diane Leonard, 518-465-3771. They will send a card to them to let them know that we are thinking of them and wishing them a speedy recovery.

We have some of our Senior Shut-in addresses to share:

Robert Don Bucher - Eddy Heritage House,  
Room 312A  
2920 Tibbits Avenue  
Troy, NY 12180

Theresa Lazarro – Teresian House  
200 Washington Ave., Ext.  
Room 220  
Albany, NY 12203-5335

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### TRIPS

AUGUST 15, 2019, “A TRIBUTE TO JIMMY BUFFETT,” The LOG CABIN, Holyoke. MA. Bus leaves Menands Ganser-Smith Park @ 9:30 A.M. 5. SOLD OUT

SEPTEMBER 25, 2019, Wednesday, “MAMBO ITALIANO,” Westchester Dinner Theatre, Bus leaves Menands Ganser-smith Park at 8:30 A. M. SOLD OUT

OCTOBER 18, 2019, ANIMAL ADVENTURE PARK, Harpursville, NY, Home of April the Giraffe and her new baby brother, Tajiri “Taj.” Along with 250 other animals, 100 different species in all.

Following the park we will stop at famous, BROOKS BBQ, Oneonta, NY, for an ALL YOU CAN EAT BUFFET, which includes BBQ Chicken, Pork Ribs, Sliced Beef, tossed green salad, potato salad, macaroni salad, coleslaw, dinner rolls, beverage and a make your own sundae or fresh baked cake. \$37/\$47.

OCTOBER 9, 2019, (note the date change) ALBANY INSTITUTE OF HISTORY AND ART, a guided tour of the exhibit “The Schuyler Sisters” daughters of the Revolutionary War General Philip Schuyler, who lived in Albany, NY. “The Elite Siblings,” Angelica Church, Eliza Hamilton, who was married to Alexander Hamilton, and Peggy Van Rensselaer.

On display are letters, Portraits, Bonnets, Furniture, Jewelry, including Eliza’s Wedding Ring, and locks of Hamilton’s hair snipped on the day he dies.

After our guided tour, we will go on to visit the SCHUYLER MANSION, State Historic Site, Albany, NY.

We will tour the family home of Philip J. Schuyler, who was father-in-law to Alexander Hamilton, who also was married to Eliza Schuyler in the mansion and lived together there for a time. The Mansion will be open for us to view at our leisure, there will be tour guides available to answer questions.. After the tour we will have a fine lunch at the beautiful IL FARO, restaurant in Menands.

#### Menu:

House Salad, House Baked Bread and a non-alcoholic beverage. (Alcohol can be purchased on your own).

Entree: choose one:

Chicken Parmigiana

Spaghetti and Meatballs

Eggplant Parmigiana

Dessert: choose one

Perfect Carrot Cake

Indulgent Caramel Peanut Butter Cake

Tart Sorbet Meyers Lemons

All Inclusive cost of trip \$40.

DECEMBER 11, 2019, NYC, do as you please or enjoy ‘THE CHRISTMAS SPECTACULAR,’ with the Rockettes at Radio City Music Hall. Let us know your choice when signing up.

Cost for bus only is \$15/ \$25.

Additional cost for Christmas Spectacular, \$70-\$90.

#### LAZY COOKIES

1 box Duncan Hines cake mix

1 egg

½ C Canola oil or apple sauce

1 C chocolate chips, peanut butter chips, white chocolate chips, or butterscotch chips

Mix together

Drop onto a cookie sheet or roll the dough and cut it.

Makes 2 dozen cookies

Bake 350 for 9-11 minutes

*Colleen Salisbury, Sheila Hyatt’s daughter*

*I was thinking about old age and decided that old age is when you still have something on the ball, but you are just too tired to bounce it.*