



# Menands Senior Scoop



Menands Senior Citizen Club

Since 1973

21 1/2 N. Lyons Avenue

Thursdays, 9am-3pm

JANUARY 2016

Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Dawn Primett, Treasurer

## FEBRUARY IS

National Bird Feeding Month  
Great American Pie Month  
National Cherry Month  
National Children's Dental Month  
National Heart Month

## DATES TO REMEMBER:

2/10 Ash Wednesday  
2/14 Valentine's Day  
2/15 President's Day  
2/18 Kentucky Fried Chicken Lunch  
2/29 Leap Day

## FEBRUARY BIRTHDAYS

Virginia Camoli 2/4  
Donna Peirce 2/9  
Wally Potter 2/12  
William Geiring 2/12  
June Secor 2/13  
Sissy Horowitz 2/16  
Tom DiPace 2/20  
Paul Kircher 2/20  
Angie Urbano 2/24  
Roseanne Antoniak 2/25  
Sincere apologies, if we missed your Birthday or if we incorrectly reported the date. Please, notify us of any corrections.

## FEBRUARY DESSERTS

February 4, Pizza, Diane Leonard  
February 11, Betty Courtois  
February 18, KFC dessert  
February 25, Birthday Cake

## GREETING CARDS SENT

Sympathy-Julia Wolinan  
To have a card sent to someone, please notify, Theresa, Lazzaro, Sunshine, 783-5822.

REMINDER: The Kentucky Fried Chicken Lunch is 2/18/16. Original Recipe Fried Chicken Breast, Mashed Potatoes with Gravy, Cole Slaw and Dessert, only \$6. Please don't forget to sign up!

## PLEASE PAY YOUR \$5 MEMBERSHIP DUES.

THEY ARE OVERDUE! They are being collected every Thursday, at Bethany Hall or you can mail them to Debbie Teitsch, 3 Cornell Drive, Albany, NY 12204. Be sure to receive your 2016 blue membership card.

NEW THIS YEAR: ALL PAID MEMBERS WILL BE ISSUED A BLUE LANYARD BY THE TOWN OF COLONIE. THE LANYARD WILL HOLD YOUR IDENTIFICATION AND HEALTH INFORMATION. IT IS YOURS TO KEEP. HOWEVER, YOU NEED TO KEEP IT UP TO DATE AND BRING IT WITH YOU TO PARTICIPATE IN SENIOR ACTIVITIES, REFUNDS FOR MISSED DATES WILL NOT BE ISSUED.

## MARILYN MCGOVERN'S BEAN STEW

1 LB BACON  
1 LB HAMBURGER (optional)  
1 LARGE ONION  
1 C BROWN SUGAR  
1 C KETCHUP  
1 TSP LIQUID SMOKE  
2 CANS PORK & BEANS  
1 CAN KIDNEY BEANS  
1 CAN BUTTER BEANS, rinsed  
SALT & PEPPER TO TASTE  
Fry bacon until crisp and drain. Brown hamburger (if using) and onion. Put in Crock Pot with remaining ingredients and mix. Cook on low for 2 to 2 1/2 hours. The hamburger may be eliminated and green pepper may be added. (I don't use either).  
A double recipe will fill a 9x12 pan and a small bowl and may be placed in the oven for an hour or two at 350 degrees. Longer cooking will not hurt and may be desirable.  
Enjoy! Marilyn

## NEW YEAR'S TRIPS

MARCH 12, 2016, Saturday, ride the trolley in the Albany St. Patrick's Day Parade. After the parade, return to the Menands Fire Hall for a Corned Beef and

Cabbage Dinner, enjoy Irish Dancing and entertainment. Cost of Dinner is yet to be determined. Please reserve your seat, on the Trolley the ride is Free!!

**MAY 10, 2016**, Tuesday, we will leave Ganser-Smith Park at 4:00pm for dinner at Menand's fabulous new Italian Restaurant, **IL FARO**. Dinner will consist of a salad, entrée, dessert and coffee, tea, or soda. At 6:30pm, we will travel to **PROCTOR'S THEATER**, Schenectady, NY. for an evening performance of the Broadway musical, "**ONCE**." A winner of 8 2012 Tony Awards, ONCE is a love story between a Dublin street musician who's about to give up his dream when a beautiful young woman takes a sudden interest in his haunting love songs. As the chemistry between them grows, his music soars to powerful new heights...but their unlikely connection turns out to be deeper and more complex than your everyday romance. It's an unforgettable story about going for your dreams and the power of music to connect us all.

Cost of Trip \$75/85.

**JUNE 8, 2016**, Wednesday, we are going to the **Village of Cazenovia, NY**, to **THE LORENZO STATE HISTORIC SITE.**"

The Lorenzo State Historic Site, is a mansion built by Colonel John Lincklaen, founder of the Village of Cazenovia, NY. Colonel Lincklaen was the agent of the Holland Land Company upon whose recommendation the Company purchased the tract of land where the village grew. The painted brick mansion, completed in 1809, overlooks picturesque Cazenovia Lake.

After the tour of the Estate and Gardens we will have lunch at the Lincklaen House.

Cost of Trip, \$30.

**JULY 19, 2016**, Tuesday, we will leave at 6:30am, to arrive at **LAKE PLACID MARINA & BOAT TOURS** in time for an 11:30, one hour cruise on Lake Placid, NY. Wilderness beauty. Adirondack history. Serenity. Cruise the pristine waters of Lake Placid in one of our enclosed pontoon boats. The hour-long narrated tour travels 16 miles on one of the world's most beautiful lakes. See and hear about the stately manors situated along the shore, Adirondack wildlife, and Whiteface Mountain, site of the alpine events during the 1980 Winter Olympic Games. After the cruise, approximately, 12:30pm, we will eat lunch at the elegant **MIRROR LAKE INN**. **When we have finished our lunch, we will travel on to visit John Brown's Farm State Historic Site, and stop for Ice Cream on the way home.**

Cost of Trip, TBD

**SEPTEMBER, 19-22, 2016**, we depart early morning from Ganser-Smith Park for four days and 3 nights in Niagara Falls, Canada. We will be staying at the **FOUR POINT SHERATON HOTEL**, featuring an indoor swimming pool and an enclosed walkway to the Fallsview Casino!!

**TOUR INCLUDES:** Round trip Yankee Trails Motor Coach transportation. Hotel accommodations for 3 nights. Horn Blower Cruise, Niagara Sky Wheel, Niagara Butterfly Conservatory, Guided tour of Niagara Falls, Sights include: Niagara Park Greenhouses, Victoria Park, Table Rock House and much more. Guided Tour of Toronto, where you will see Parliament Buildings, Casa Loma Mansion, Chinatown and the Financial District.

Visit to Niagara On The Lake, Visit to the Duty Free Shop, 3 Full Breakfasts at the Hotel, 1 Dinner, 1 Dinner and a Show. All Gratuities for Meals, Bus Driver and Tour Guides are included in the \$539 cost per individual/double occupancy rate. Trip Insurance is available. Border Crossing: A valid Passport of Enhanced Driver's License is required.

Everyone is Welcome! For Reservations, please call: Diane Leonard, 465-3771

**OCTOBER 4, 2016**, Tuesday, we are leaving Ganser-Smith Park at 7:00am, heading for **SALEM WITCH MUSEUM**, Salem, MA. The museum presentation will take 75 minutes. We will eat lunch at **FINZ SEAFOOD RESTAURANT**, 73 WHARF ST, PICKERING WHARF, Salem, MA. Menu selections; includes soda, coffee or tea, fresh rolls and butter and Finz House Salad with balsamic vinaigrette dressing and Chef's seasonal dessert; choice of New England Baked Haddock, Marinated Steak Tips, Pasta Primavera with cream sauce, Mediterranean Pasta with artichoke hearts, roasted red peppers, onions, tomatoes, feta cheese, black olives, tossed in a marinara. After lunch we will take a scenic ride along the seashore, Route 127, via GLOUCESTER, to the famous Motif #1, and the gift shops at BEARSKIN NECK, ROCKPORT, MA. Cost of Trip, \$38/48.

**NOVEMBER 9, 2016**, we will return once again to the **WESTCHESTER BROADWAY DINNER THEATRE**, to see "**SATURDAY NIGHT FEVER**," featuring vibrant choreography and the everlasting hits of the Bee Gee's: Stayin' Alive, How Deep is Your Love, You Should Be Dancing, To Love Somebody, Jive Talkin. To name a few. Cost of trip \$57/67.

Please reserve for our trips as early as possible to ensure seating. Money is not needed until 30 days before the actual trip date.

**POSITIVE QUOTES FOR EVERYDAY**  
**"There are two way of exerting one's strength:  
One is pushing down; the other is pulling up."**  
**Booker T. Washington**