



Menands Senior Scoop

Menands Senior Citizen Club

Since 1973

280 BROADWAY

Thursdays, 9:00AM-1:00PM

MARCH 2026



Diane Leonard, President, Debbie Teitsch, Vice President, Sheila Hyatt, Secretary, Jean Parker, Treasurer

HAPPY ST. PATRICK'S DAY!!

MENANDS SENIOR CLUB, gathers socially every Thursday, 9:00 AM-1:00 PM, Menands Fire Hall, 250 Broadway, 2nd Floor.

Business meetings are every 4th Thursday or as scheduled for that month.

Additional parking: behind the Village Office, 280 Broadway.

If North Colonie schools are closed due to inclement weather, Menands senior gathering is also closed. School closings can be found on your local TV stations.

MEMBERSHIP: to join or renew, dues are \$10. Debbie Teitsch, VP, Membership Chair, is at seniors every Thursday, to help you. If you need to join or renew by mail, Debbie's mailing address: 3 Cornell Drive, Menands, NY 12204. Please enclose a self-addressed stamped envelope to receive a new membership card. If you are already a primary member at another club, Menands will be an Associate, you will need your new primary club membership card initialed by Debbie. Lanyards cannot be mailed. If you need a new lanyard, come to a gathering on Thursday morning.

Menands Senior Club's general mailing address is 280 Broadway, Menands, NY 12204.

WELCOME NEW MEMBERS:

Bonnie Sklar
Judy Coburn
Isabella Currier
Eleanor Laviolette

GREETING CARD SENT:

Get Well:

Meg Grenier
Sue and Jim Trainor
Cande Person

Sympathy:

To family of Teri Rourke

If you know a member who is ill or recently deceased, please let us know.

APRIL BIRTHDAYS

Deborah Coons, 4/24

Fran Engle, 4/14

Ellen Hughes, 4/6

Eleanor Kampf, 4/4

Caroline Kelly, 4/24

Jean Kinnicutt, 4/20

Carole Luther, 4/9

Sue McManus, 4/15

We wish everyone a healthy, happy birthday!!

Birthdays are posted a month in advance.

APRIL DATES TO REMEMBER

4/1, April Fool's Day

4/5, Easter Sunday

4/15, Lunch & Learn

4/15, Tax Day

Fundraising: help with cost of transportation.

Great Idea suggested by Wendy Henry, publishing a Senior Cookbook. Therefore, if you have a favorite recipe, or 2 or more, favorite household tip, favorite senior memory or favorite quote to share, please consider forwarding it to Menands Seniors; drop it off Thursdays at 250 Broadway, Second Floor, or mail it to Menands Seniors, 280 Broadway, Menands, New York. All entries for our "book" will be greatly appreciated.

TRIPS

2026 One-Day Trips

6/4/2026, "Moulin Rouge," Proctors.

Love story of a young writer, Christian and a star at the Moulin Rouge nightclub, Satine. Their romance blossoms, but Satine is also being pursued by the wealthy and powerful Duke.

Themes of love, truth, beauty and freedom, while also highlighting the struggles and sacrifices. Great Music! Dinner after the show at United Buffet, Schenectady, NY.

Bus leaves at 12:00PM, Cost \$92/\$102.

6/16/2026, TRIBUTE TO JOHN DENVER, Log Cabin, Holyoke, Ma. Menu: Welcome Tray, Hors D'euvre, Double Lobster or Prime Rib, Baked Potato

with sour cream, Corn, Chefs choice Dessert and Coffee, Tea, Decaffeinated Coffee.

Bus leaves at 9:30AM, Cost \$98/\$108.

7/21/2026, Lake George Dinner Theater, Lake

George, NY. "THE MARVELOUS

WONDERETTES," a smash off-Broadway hit, a crowd-pleasing blast from the past that will keep you smiling, singing and toe-tapping all the way to the end. Join us for this cotton candy-colored musical trip down memory lane, featuring your favorite pop songs from the 50s and 60s.

Lunch Menu: **Center cut Bone in Pork Chop;**

blackened with pineapple mango mint chutney, GF **Chicken Francaise;** with supreme sauce, seared egg-battered chicken, **Faroe Island Salmon;** with lemon beurre blanc sauce, all served with garlic mashed potatoes & market vegetable. **Pasta Primavera;** with fresh vegetables tossed in basil pesto sauce. GF upon request. **Bus leaves at 10:15 AM, Cost is \$83/\$93.**

9/9/2026, RESORTS WORLD CATSKILL,

Monticello, NY. "TEENAGE DREAMS AND

MAGIC MOMENTS," HITS OF THE 50'S, 60'S &

70'S. This show is full of energy, style, and soul backed by a four-piece band and music you know and love such as, *Stand by Me, This Magic Moment, My Cherie*

Amour, You Can't Hurry Love and Unchained Melody.

Venue also includes: \$25 Free Play and a Buffet Lunch.

Buffet menu: either a seasonal soup or salad, chicken dish, veggie of the day, starch, rolls & butter, seasonal dessert.

Bus leaves at 7:15 AM. Cost is \$78/\$88.

9/25/2025 (Friday) Culinary Institute of America,

Hyde Park, NY.

Tour beautiful CIA, dining at the Italian ristorante,

"Caterine de' Medici" in an authentic villa setting.

More to come!

10/23/2026, ESSEX STEAM TRAIN & RIVERBOAT

LUNCH EXCURSION, enjoy fall foliage as we ride

the rails eating a delicious lunch, served on a vintage dining car by the train porter. After lunch, cruise up the

Connecticut River on a Riverboat. Lunch Menu: **Beef**

Short Rib with root vegetable puree and seasonal

vegetables, **Chicken Cacciatore** over jasmine rice and seasonal vegetables,

Roasted Portabella Mushroom roasted red pepper &

fresh mozzarella bruschetta. Bus leaves at 7:00 AM.

Cost is \$87/\$97.

2026 Two or More Day Trips

11/17-11/19/2026, 3 days-2 nights, HOLIDAY

SIGHTS AND SOUNDS OF LANCASTER, PA.

Featuring "Winter Wonderland" at American Music

Theatre, "Joshua" at Sight & Sound Theatre, Stone Gable Estate Train Ride & National Christmas Center. Kitchen Kettle Village, Souvenir Gift, Luggage Handling, all Taxes and Gratuities, Motorcoach Transportation. Cancellation insurance is available & highly recommended.

Cost \$760 pp/double \$1010 pp/single. Bus leaves 7:00 AM.

Irish Soda Bread

3 ½ c flour 1 T shortening

4 ½ tsp baking pwdr 1 ½ c milk

1 tsp salt 1 c raisins

1 egg ½ c sugar

Optional 1 T caraway seeds.

Heat oven to 350 degrees. Mix all ingredients; place in 9" greased pan. Bake 1 hour.

IRISH COFFEE

1 C Hot Coffee 1 1/2 oz Irish Whiskey

2 t Sugar Whipped Cream

Pour whiskey into mug. Add sugar. Fill mug with black coffee. Stir until sugar dissolves. Top with Whipped Cream. Enjoy!!

Next business meeting, April 23, 2026!

Watch for the "MENANDS MONTHLY," formerly "MENANDS ACTIVITIES," for more Village news and events.